

Travel Tips

Common Sense is not Always Common....

Have you planned your trip? Taking time to do this will help service members, commanders, and other leaders ensure drivers and vehicles are safe prior to departure and that the trip has been sufficiently planned (time, rest stops, alternate drivers, anticipated weather conditions) to get safely to the destination and back.



AUTOMOBILE: Is your car worthy of the task ahead? How are your brakes, wiper blades, lights, tires, horn, state inspection, etc. The **NAS Oceana Auto Hobby** facility is a complete garage with 21 stalls, 10 lifts, engine overhaul storage stands, tire changer, wheel balancing and other related capabilities. Open 7 days a week and holidays. Phone 433-3403.

WEATHER: Is there the possibility of adverse weather conditions? Yes ____ No ____

LICENSE/INSURANCE: Is service member's driver's license and car insurance coverage up to date? Yes ____ No ____



FATIGUE: The Navy/Marine Corps permits 350 miles per day for PCS or TDY travel. Off-duty drivers should plan on no more than 8 hours on the road per day. Drivers should plan for at least a 15-minute rest stop every 2 hours.

SPEED: It takes the average driver 1.5 seconds to react to a hazard. At 60 mph, it will take you almost half the length of a football field just to react to a hazard... then you have to take corrective action.



ALCOHOL: A person's blood alcohol concentration (BAC) can be well below the intoxication level and still cause impairment. For a 160-180-pound person, one beer consumed in one hour will result in a BAC of .01-.02 percent. Inhibitions will be lessened and judgment will begin to be affected. A 12 ounce beer = 1.5 ounce of liquor (80 proof) = 5 ounces of wine.

UNSCHEDULED DELAY: Does service member know procedure to follow to avoid hurrying in case of an emergency or unscheduled delay (Leave/Liberty Statement)?

DRIVER RISK- ASSESSMENT SURVEY- Provides an effective risk management tool for a supervisor to determine a service member's risk level. To be filled out by the service member and discussed with the supervisor. *Information or statements made to the supervisor concerning items on this form CANNOT be used in any adverse proceeding, administrative or criminal.* If a service member has 10 or more points, the service member has a greater than average risk for a traffic mishap. The supervisor should work with the service member to reduce the risk factors. Supervisor will discuss completed form results with service member and may discuss results with the chain of command for the purpose of the service member welfare. A record may be made of counseling, however recommend gross score/result or "low, medium, or high" risk levels be recorded in lieu of answers to particular questions. Form is property of service member and will not be retained by command or supervisor.

Category	Criteria	Possible Points	Actual Points
1. Age	25 years or younger	1	
	26 years and older	0	
2. Pay grade	E-5 and below	1	
	E-6 and above	0	
3. Gender	Male	1	
	Female	0	
4. Married	Single	1	
	Married	0	
5. Driving Record	1 or more moving violations last 12 months	1	
6. Time since deployment	Deployed over 30 days and home less than 30 days	2	
	Otherwise	0	
7. Distance to travel	Less than 500 miles	0	
	500 miles thru 1000 miles	1	
	Over 1000 miles	2	
8. Incidents of Alcohol abuse	Yes- per incident	4 points each	
9. Ratio of travel days to total leave	1-4	1	
	Greater than 1-4	2	
10. Rest prior to departure	Less than 8 hours	1	
11. Hour of return to duty section	Less than 12 hours prior to next work day	1	
12. Driving alone	Yes	1	
13. Personal stressors	Marital troubles, death in family, career decision looming	1 point each	
14. Motorcycle travel	Travel by motorcycle	1	
15. Traveling during holiday periods	Yes	1	
		Total	