



**DEPARTMENT OF THE NAVY**

NAVAL AIR STATION OCEANA  
1750 TOMCAT BOULEVARD  
VIRGINIA BEACH, VIRGINIA 23460-2191

IN REPLY REFER TO:

NASOCEANAINST 1710.8F

21

28 JAN 2002

NAS OCEANA INSTRUCTION 1710.8F

Subj: INTRAMURAL ATHLETIC PROGRAM

Ref: (a) BUPERINST 1710.11B

Encl: (1) Athletic Program Rules and Regulations  
(2) Captain's Cup Requirements

1. Purpose. To establish the Athletic Program at Naval Air Station (NAS) Oceana and set rules and regulations governing the organization, administration and operation of the program.

2. Cancellation. NASOCEANAINST 1710.8E.

3. Policy

a. A comprehensive and well balanced Athletic Program is considered essential in promoting the morale and physical well being of Naval personnel. A vigorous intramural athletic program, as set by this instruction, enables all eligible military personnel the opportunity to participate at a level consistent with their individual abilities. This program also enables unit commanders and commanding officers an opportunity to promote esprit de corps by strengthening an individual's identification with their command.

b. This program is designed to complement the Navy Sports Program, reference (a). Enclosures (1) and (2) provide basic program rules and regulations and requirements for the NAS Oceana Captain's Cup Awards.

4. Action

a. The NAS Oceana Morale, Welfare and Recreation (MWR) Director shall provide the staff and facilities necessary to organize, administer, schedule and conduct specific events in the program.

b. A meeting will be held in May of each year to discuss any changes to the Captain's Cup Program. This meeting will coincide with the May Recreation Committee Meeting.

NASOCEANAINST 1710.8F  
28 JAN 2002

c. Commanding officers, officers in charge and department heads shall encourage individual and team participation in various phases of the program. Each command shall designate an Athletic Officer or Petty Officer, with a sincere interest in the program, to fulfill the intent of this instruction and coordinate participation by personnel of their command.

  
C. A. SILVERS

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## ATHLETIC PROGRAM RULES AND REGULATIONS

1. Organization

a. NAS Oceana Morale, Welfare and Recreation (MWR) Director. The MWR Director is responsible for the overall organization and administration of the program. He will ensure organizational directives and appropriate publicity materials for each event are prepared and distributed to all participating commands of the NAS Oceana Composite Recreation Fund.

b. NAS Oceana Athletic Director. The NAS Oceana Athletic Director shall coordinate scheduling of events and maintain program records.

2. Program Scope. The Athletic Program will be open to all commands that are members of the NAS Oceana Composite Recreation Fund.

a. Intramural. Intramural competition will be considered as competition between teams or individuals within an activity. At NAS Oceana, intramural leagues and tournaments will be organized for commands that are members of the Composite Recreation Fund. Participating teams will furnish their own uniforms. The MWR Department will provide game facilities, equipment, officials and game balls to participating teams.

b. Major Sports. Major sports are defined as those requiring participation as a team and play a round robin league schedule to qualify for tournament play.

c. Minor Sports. Minor sports are defined as those which do not play round robin league schedules but progress through tournament competition only.

d. Station Tournaments. Station tournaments are scheduled to determine champions in all program events. In major sports, the top four teams in the Afloat, Central and Resident Divisions, based on won-lost percentages, qualify for participation in station tournaments. In minor teams and individual sports, entries go on to Tidewater Navy Championships.

e. When league play is not practical because of a limited number of participants, NAS Oceana will sponsor teams and assist in arranging appropriate competition.

f. The NAS Over 30 Intramural League is a recreational league with no Captain's Cup Points awarded. The regular season champion will receive awards not to exceed twelve. A post season tournament will be conducted with awards presented to the champion, not to exceed twelve.

Enclosure (1)

28 JAN 2002

3. Eligibility. Basic standards of eligibility for the Navy Sports Program are set in paragraph 404 of reference (a). These rules shall govern individual participation in the Athletic Program. Individuals who are assigned to a command that does not enter a team into competition may play for any team within their division. In individual sports, personnel must compete for their own command only. Personnel transferred on permanent change of station orders within the NAS Oceana Composite Recreation Fund during the season of a team sport will have the option of either continuing to play for the team they started with or for their new command.

4. Officials. Game officials for all games scheduled by the NAS Oceana Athletic Director shall be assigned from the Navy Tidewater Officials Association or other recognized body of officials. Rates are negotiated annually within the area.

5. Rules of Play. The rules that govern play with each sport are those promulgated or sanctioned by the ruling body generally recognized as the national controlling authority for the sport involved. Specific information for each sport will be provided in an NAS Oceana directive that announces each event in the Athletic Program. It will be necessary, from time to time, to make some modifications to fit local conditions. Modifications will be discussed at the meeting of team representatives that precedes the start of each league or tournament.

6. Deployed Units. To compensate for squadron deployments, Captain's Cup points for participation will be awarded to squadrons competing against other teams while deployed. It will be the responsibility of the command concerned to submit verification of games played to the Athletic Director for accreditation.

7. Captain's Cup Awards. Each year three commands will be presented Captain's Cup Awards. The trophies are emblematic of athletic supremacy for the year.

a. Afloat Division. Presented to an eligible fleet activity/operational command with 150 or more personnel.

b. Resident Division. Presented to an eligible shore command with 150 or more personnel.

c. Central Division. Presented to an eligible fleet activity/operational command or shore command with fewer than 150 personnel.

8. Athlete of the Year. Each year six athletes will be honored as Athlete of the Year. Competition for these honors will consist of an Open Male (35 years of age and under) and Senior

Male (36 years of age and over) for both Afloat and Central/Resident Divisions and an Open Female for both Afloat and Ashore Divisions. Selections will be based on participation, awards won, sportsmanship, number of points individually earned for the Captain's Cup, contribution to the Athletic Program and any type of services rendered to better public relations within the civilian community such as coach, scoutmaster, etc. Selections shall be made by a committee, consisting of three members appointed by the NAS Oceana Athletic Director.

9. Command Sportsmanship Awards. Each year three commands, one each from Afloat, Resident and Central Divisions will be honored for their sportsmanship displayed. Selection will be based on contributions those commands made that significantly impacted the Captain's Cup Program (even though their endeavors may have fallen short of championship honors) and sportsmanship demonstrated by players, spectators and command representatives who have strived to upgrade the program quality in a multitude of ways. Selections shall be made by a committee consisting of three members appointed by the Athletic Director.

10. Awards Banquet. In December of each year, an Awards Banquet will be held at which the Captain's Cup Award winners, Athletes of the Year, NAS Oceana Command Sportsmanship Awards winners and other deserving persons will be recognized and honored for their achievements during the past year. The purpose of the banquet is to honor the award recipients and enjoy the fellowship in athletics. Each year awards jackets will be presented to the participating athletes of those commands winning Captain's Cup Award honors. The number of jackets to be awarded will be determined by the command's individual participation and the NAS Athletic Department, not to exceed 100, based on a minimum of 5 points (team sports, 3 points; two week sports, 2 points and one day sports, 1 point).

28 JAN 2002

CAPTAIN'S CUP REQUIREMENTS

1. Purpose. To establish the basis for the annual Captain's Cup Awards and procedures for earning points within the Athletic Program competition.

2. Information

a. A Captain's Cup Award will be presented annually to each of three division commands that distinguished themselves above all others in athletic competition by accumulating the greatest number of points computed per paragraphs 3, 4 and 5 below.

b. An awards committee will review final standings and validate all points earned. The awards committee will be composed of the NAS Oceana Athletic Director as Chair and representatives from commands having teams among the top three contenders from the previous year's competition. The committee will meet at the direction and call of the Chair.

c. Point earnings for the trophy will begin on the first day of January each year and continue throughout the calendar year. When the competition period for a sport overlaps the calendar year, the point earnings for that sport will be applied to the year in which the season ends.

3. Rules for Accumulation of Points. In individual sports, commands may enter as many people as desired. To accumulate Captain's Cup points and receive awards, four different commands must participate in both men's and women's divisions of subject competition. In team sports, a command may enter as many teams as desired. However, only the team which finishes the highest in the standings will accumulate points toward the Captain's Cup. For example, if a command enters two teams and they finish first and third, the first place points would be awarded to the command's Captain's Cup total. Other commands that place second and fourth would be awarded second and fourth place points, respectively. This rule applies only to points earned for Captain's Cup Standings. It does not apply to individual or team awards in that event or to participation points. Point awards will be given as follows:

a. Station Tournaments (Major Sports). Softball, Basketball, Football, Golf, Bowling, Volleyball and Soccer

Champion .....	20 points
Runner-up .....	16 points
Third place .....	12 points
Fourth place .....	8 points
Fifth place .....	4 points

Enclosure (2)

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b. Station Tournaments (Minor Sports). Table Tennis, Swimming, Tennis, Horseshoes, Archery, Badminton, Racquetball, Squash, Decathlon/Pentathlon, 10K, 5K, Darts, Eight Ball and Skeet

NOTE: The following points will be awarded to all three divisions of competition.

Team Champion .....	15 points
Team Runner-up .....	12 points
Team Third place .....	9 points
Team Fourth place .....	6 points
Team Fifth place .....	3 points

In addition to the above team points, individual place points will be awarded for each division within an event as follows:

Champion .....	5 points
Runner-up .....	4 points
Third place .....	3 points
Fourth place .....	2 points
Fifth place .....	1 point

c. All League (Major Sports). Softball, Basketball, Football, Golf, Bowling, Volleyball and Soccer

Champion .....	40 points
Runner-Up .....	32 points
Third place .....	24 points
Fourth place .....	16 points
Fifth place .....	8 points

NOTE: The following points will be awarded to all three divisions of competition.

d. Team participation points in major sports throughout the entire season limited to a maximum of two teams per command:

Resident/Central Teams .....	10 points
Afloat Teams .....	2 points
Contest to a maximum of 10 points	
Tournament Participation .....	5 points

e. Individual participation in minor sports will be awarded one point per entry with a maximum of five points per command per sport.

f. Commands entered into competition that forfeit will lose participation points. Officials' fees will be born by the command unless adequate operational justification exists.

28 JAN 2002

g. Team or individual participation for commands competing against other commands or foreign teams while deployed:

- Major Sports ..... 2 points per contest to a maximum of 10 points
- Minor Sports ..... 1 point per entry to a maximum of 5 points

It is the responsibility of the command concerned to submit verification of games/matches played to the NAS Oceana Athletic Director for accreditation.

h. Additional bonus points will be awarded for teams or individuals competing in higher levels of competition as follows: Varsity, Tidewater Navy, State, All-Navy, Interservice, National and International competition. Note: For varsity competition, a maximum of 24 points per command may be accumulated (12 for men and 12 for women).

Team:

- Champion .....20 points
- Runner-Up .....15 points
- Participation ..... 5 points

Individual:

- Champion .....10 points
- Runner-Up ..... 8 points
- Participation ..... 3 points

4. A separate directive for each minor sport will be promulgated by Commanding Officer, NAS Oceana and announce the sport's individual point awards. Individual point awards will not be added directly to the Captain's Cup Point standing but will be used solely to determine the champion and runner-up for the sport. From time to time, sports may be added or deleted from the Athletic Program depending on interest. Points will be given for any additional sport whenever there is organized participation.

5. Adjustment Factors. The following adjustment factors will be used to compensate for differences in the total number of personnel assigned to various commands. Adjustment factors shall be applied to the final computation of point earnings for each sport.

<u>Central Division</u>		<u>Afloat/Resident Division</u>	
<u>Total Personnel</u>	<u>Multiple</u>	<u>Total Personnel</u>	<u>Multiple</u>
0-25	1.5	150-200	1.5
26-50	1.4	201-250	1.4
51-75	1.3	251-300	1.3
76-100	1.2	301-350	1.2
101-125	1.1	351-400	1.1
126-149	1.0	401-over	1.0

Normally, determination of division placement and multiple factor will be based on the unit personnel on board count as of the first day of January, each year. Reviews or adjustments to this procedure will be made by the NAS Oceana Athletic Director as deemed appropriate.

6. Eligibility. All commands that are members of NAS Oceana Composite Recreation Fund are eligible and encouraged to compete for NAS Oceana Captain's Cup Awards.

7. Intramural Awards. Awards will be presented to teams (Decathlon, Pentathlon and skeet) by the following break down.

- 2 Teams: No awards
- 3 Teams: One (1) award 1st place
- 4 Teams: Two (2) awards 1st and 2nd place
- 5 Teams: Two (2) awards 1st and 2nd place
- 6 Teams or more: Three (3) awards 1st, 2nd and 3rd place

8. End of the Year Ties. If at the end of the calendar year teams are tied with the same amount of points for the Captain's Cup Awards in the Resident, Central and Afloat Division, the winning command would be determined by the amount of first and second place finishes in major sports. If a tie still exists, total points in minor sports would determine the winner of the Captain's Cup Award.